



LUNCH MENU

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SANDWICHES, PANINIS & WRAPS

BRÚ CLUB SANDWICH
With chicken, crispy bacon, tomatoes, iceberg lettuce & mayonnaise, served on McCloskeys bread.
€7.45
Contains: [4] [9]

BLT
Served with crispy bacon, tomatoes, iceberg lettuce & mayonnaise served on toasted McCloskeys bread.
€6.45
Contains: [4] [9] [10]

CHICKEN CAESAR WRAP
Served with crisp baby gem lettuce, bacon parmesan cheese & classic caesar dressing.
€6.45
Contains: [3] [4] [5] [9]

OPEN BOSTON PRAWN SANDWICH
Served with rocket leaves, on homemade brown soda bread, topped with a tangy marie rose sauce.
€6.95
Contains: [3] [5] [6] [9]

SWEET CHILLI CHICKEN WRAP
Served with cheddar cheese, mixed peppers & sweet chilli mayonnaise.
€6.95
Contains: [3] [4] [5] [9]

HAM & CHEDDAR CHEESE PANINI
With sliced ham, cheddar cheese & diced red onion in a toasted fresh panini.
€6.45
Contains: [3] [4] [9]

STARTERS

BRÚ SPICY WINGS
Spicy chicken wings marinated in a secret recipe sauce, with ranch mayo & celery sticks.
€6.25 (LARGE to share €9.95)
Contains: [3] [4] [11]

HOMEMADE SOUP OF THE DAY
With fresh homemade baked bread.
* Please ask your server for gluten free bread.
€4.95 **C** **CB**
Contains: [3] [9] [11] See server for additional allergens

SOFT IRISH GOATS CHEESE SALAD
With mixed leaves, diced tomatoes, onions beetroot chutney, topped with mixed seeds & raspberry purée. **C** **V**
€6.25 (LARGE OPTION €9.95)
Contains: [3] [4] [11] [12]

GARLIC MUSHROOMS
Deep fried garlic mushrooms in golden breadcrumbs, tossed in a rich garlic butter accompanied with garlic mayo & salad leaves.
€5.95 **V**
Contains: [3] [4] [9] [12]

CAESAR SALAD
With crisp baby gem lettuce, smoked bacon, parmesan & roast garlic croutons in a classic caesar dressing.
€6.25
Contains: [5] [6] [8] [12]

SAVOURY MEATBALLS
Slow braised savoury meatballs in a rich tomato & basil sauce, topped with soft Irish goats cheese served with garlic bread.
€6.25
Contains: [3] [4] [9] [11] [12]

SUSHI
Freshly marinated salmon & crab with savoury sushi rice, wrapped with nori seaweed, served with wasabi mustard & soy sauce for dipping. **C**
€7.95
Contains: [3] [8] [11] [12]

JACK DANIELS BBQ WINGS
BBQ chicken wings marinated in a Jack Daniels sauce, with ranch mayo & celery sticks.
€6.25 (LARGE to share €9.95)
Contains: [3] [11]

DEEP FRIED TIPPERARY BRIE
With cranberry sauce garnished with crisp salad leaves tossed in a honey & mustard vinaigrette. **V**
€6.25
Contains: [3] [4] [9] [12]

BRÚ CREAMY SEAFOOD CHOWDER
Fresh & smoked fish infused with fresh herbs & dry Martini, hints of Pernod, served with home-made soda bread. **C** **CB**
€7.50
Contains: [3] [5] [6] [11]

MAIN COURSE

BRÚ RUA FISH & CHIPS
Deep fried cod in a crispy Brú Rua beer batter, with home cut skinny chips, tartar sauce & side salad.
€10.95
Contains: [3] [4] [5] [9] [12] [14]

THAI GREEN CHICKEN CURRY
With a creamy coconut sauce infused with lemongrass, fresh chilli, garden peas, sugarsnaps & hints of lime, served with basmati rice & poppadom.
(rice & chips add €2)
€9.95
Contains: [5] [6] [11] ([9] with poppadum)

6OZ BEEF BURGER
With brú relish, smoked oakwood cheddar cheese, homemade breaded onion rings & baby gem lettuce, served on a toasted brioche bap with homemade skinny chips.
€10.95
Contains: [3] [4] [8] [9] [12]

HONEY & MUSTARD SALMON
Baked salmon, topped with Boyne Valley honey & wholegrain mustard, served with savoury rice & stir fry vegetables. **C**
€10.95
Contains: [3] [5] [6] [8] [11] [12]

CAJUN CHICKEN CAESAR SALAD
With crisp baby gem lettuce, smoked bacon, parmesan shavings & roast garlic croutons in a classic caesar dressing.
€9.95
Contains: [3] [4] [5] [9]

PERI PERI CHICKEN FILLET BURGER
Pan fried peri peri chicken breast with crisp baby gem lettuce; sliced tomatoes & red onions topped with garlic mayo, served on a toasted brioche bap, with home cut skinny chips.
€10.95
Contains: [3] [4] [8] [9]

8OZ PRIME SIRLOIN STEAK
Cooked to your liking, grained with homemade breaded onion rings & served with your choice of sauce & side.
€15.95
Contains: [3] [4] [8] [9]

PENNE ARRIBIATA
With sauté mixed peppers, courgettes & onions, in a lightly spiced tomato & basil cream sauce, topped with parmesan cheese & served with a garlic bread. **(V optional)**
(add breast of chicken €2.50)
€8.95
Contains: [3] [4] [9] [11] [12]

HOMEMADE BEEF LASAGNE
Layers of mince beef in a tomato & basil sauce topped with crisp cheddar cheese, served with home cut skinny chips, side salad & coleslaw.
€9.95
Contains: [3] [4] [9] [11] [12]

CHICKEN PENNE CARBONARA
With sauté onions, mushrooms & bacon in a roast garlic & white wine cream sauce, topped with parmesan cheese.
€9.95
Contains: [3] [4] [9]

BAKED HOMEMADE PIE OF THE DAY
Topped with creamed potatoes & served with seasonal vegetables. **C**
€9.95
Contains: [3] [4] See server for additional allergens

CHESTNUT MUSHROOM & BABY SPINACH RISOTTO
Sauté Mushrooms, sundried tomatoes, wilted baby spinach & fresh basil in a roast garlic & white wine cream sauce, topped with parmesan cheese. **C** **(V optional)**
€9.95
Contains: [3] [11]

TRADITIONAL BACON & CABBAGE
With creamed potatoes & a white wine parsley sauce. **C**
€8.95
Contains: [3] [11]

BRÚ-LESS (Slimming World Inspired Menu)

BRÚ-LESS HOMEMADE TOMATO & ROASTED RED PEPPER SOUP
Served with Be Good Wholemeal bread. **C** **V**
€4.95 **3** brú-less or heb
Contains: [3] [9] [11]

BRÚ-LESS CHICKEN PENNE ARRIBIATA
Penne pasta in a lightly spiced tomato & basil sauce
€9.95 **2.5** brú-less
Contains: [3] [4] [9] [11] [12]

BRÚ-LESS CAJUN SALMON
Served with stir fry vegetables & noodles, in a garlic & ginger dressing.
€10.95 **0** brú-less
Contains: [3] [4] [5] [8] [9]

BRÚ-LESS BLT
With grilled bacon, tomatoes, iceberg lettuce & light mayo served on Be Good bread.
€5.95 **3** brú-less or heb
Contains: [3] [4] [9]

BRÚ-LESS PRAWN & MELON COCKTAIL
With Marie Rose sauce & crisp baby gem lettuce. **C**
€5.95 **3** brú-less or heb
Contains: [3] [4] [5] [6]

BRÚ-LESS CHICKEN CURRY
With sugarsnap, garden peas & mixed peppers in a tomato sauce.
€9.95 **1** brú-less
Contains: [9] [11]

HOMEMADE DESSERTS - €4.50 EACH

BRÚ STRAWBERRY & LIME CHEESECAKE
A luxurious strawberry & lime cream cheese filling, on a biscuit base garnished with fresh Irish strawberries, candied lime zest & fresh cream.
Contains: [3] [9]

HOMEMADE CARROT CAKE
Garnished with Chantilly cream, vanilla ice cream and candied walnuts.
Contains: [2] [3] [4] [9]

CHOCOLATE BROWNIE
Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. **C**
Contains: [3] [4]

LEMON MERINGUE ROULADE
Soft meringue filled with a bitter sweet lemon curd cream, garnished with raspberry compote. **C**
Contains: [3] [4]

WARM APPLE PIE
Sugar coated apples in sweet pastry served with crème anglaise & vanilla ice-cream.
Contains: [3] [4] [9]

BRÚ-LESS CHOCOLATE MOUSSE
A luxurious chocolate mousse topped with fromage frais. **C** **3** brú-less
Contains: [3] [4]

SIDE ORDERS - €3.50 EACH

CREAMED POTATOES Contains: [3]

HOME CUT SKINNY CHIPS

SWEET POTATO FRIES Contains: [11]

BABY BOILED POTATOES Contains: [3]

SPICY WEDGES Contains: [9] [11] [14]

BREADED ONION RINGS Contains: [3] [4] [9]

SEASONAL VEGETABLES Contains: [3]

BASMATI RICE

MIXED LEAF SALAD Contains: [12]

TEAS & COFFEES

CAPPUCCINO €3.10

AMERICANO €2.80

ESPRESSO €2.20

DOUBLE ESPRESSO €2.60

HOT CHOCOLATE WITH CREAM & MARSHMALLOWS €3.10

LATTÉ €2.90

MOCHA €3.10

TEA / HERBAL TEAS €2.20

IRISH / BAILEYS COFFEE €6.95

P WE OFFER 2 HOURS PARKING FREE IN THE HAYMARKET CARPARK WHEN YOU EAT WITH US.
*ASK A MEMBER OF STAFF FOR DETAILS.

BRÚ IS A WI-FI ENABLED ZONE.
*ASK A MEMBER OF STAFF FOR THE CODE

ALLERGY INFORMATION * (ASK YOUR SERVER FOR ANY DIETARY REQUIREMENTS)
[1] PEANUTS [5] FISH [9] CEREALS CONTAINING GLUTEN [13] LUPIN
[2] NUTS [6] CRUSTACEANS [10] SESAME SEEDS [14] SULPHUR DIOXIDE /
[3] MILK (DAIRY) [7] MOLLUSCS [11] CELERY / CELERIAC SULPHITES
[4] EGGS [8] SOYA [12] MUSTARD

C *COELIAC FRIENDLY

V *VEGETARIAN FRIENDLY

CB *GLUTEN FREE BREAD AVAILABLE

Please be aware we cannot split bills on groups of 8 or more.

All of our beef is of Irish origin. All of our Chicken, Pork & Beef are locally sourced from Tony Kierans, Tom Lynch & Gahan Meats.