



bar | bistro
t: 0419872784 e: info@bru.ie w: www.bru.ie

SUNDAY LUNCH

Enjoy 3 COURSES for €23.95
or 2 COURSES for €18.95

Starter

€6.95 each

BRÚ SIGNATURE CHICKEN WINGS

Spicy chicken wings marinated in a secret recipe sauce, with garlic mayo & celery sticks. (LARGE to share €9.95)

Contains: [3] [4] [11]

PRAWN COCKTAIL

On a bed of crisp baby gem lettuce, topped with a tangy Marie Rose sauce. **C**

Contains: [3] [4] [5] [6]

DEEP FRIED TIPPERARY BRIE

With cranberry sauce, garnished with crisp salad leaves, tossed in a honey & mustard vinaigrette. **V**

Contains: [3] [4] [9] [12]

BREADED GARLIC MUSHROOMS

Deep fried garlic mushrooms in golden breadcrumbs, tossed in a rich garlic butter, accompanied with garlic mayo & salad leaves. **V**

Contains: [3] [4] [9] [12]

HOMEMADE SOUP OF THE DAY

With fresh baked breads.

*Please ask your server for gluten free bread. **C**

Contains: [3] [9] [11] See server for additional allergens

DUCK SPRING ROLL

With a cucumber & red pepper salsa, dressed salad leaves, hoi sin dipping sauce.

Contains: [3] [4] [8] [9] [11] [12]

CLASSIC CAESAR SALAD

With crisp baby gem lettuce, smoked bacon, parmesan, roast garlic croutons, in a classic caesar dressing.

Contains: [3] [4] [5] [9]

SOFT IRISH GOATS CHEESE SALAD

With mixed leaves, diced tomatoes, onions beetroot chutney, topped with mixed seeds & raspberry purée **V C**

Contains: [3] [4] [11] [12]

Main Course

€12.95 each

BRÚ RUA FISH & CHIPS

Deep fried cod in a crispy beer batter served with home cut skinny chips, tartar sauce & side salad.

Contains: [3] [4] [5] [9] [12] [14]

ROAST STUFFED TURKEY

Served with a mixed herb stuffing, seasonal vegetables, creamed & roasted potatoes, with savoury gravy.

Contains: [3] [8] [9] [11]

ROAST SIRLOIN OF BEEF

Accompanied with savoury gravy & traditional Yorkshire pudding, served with seasonal vegetables, creamed & roast potatoes.

Contains: [3] [4] [8] [9] [11]

TRADITIONAL BACON & CABBAGE

Topped with a parsley & white wine cream sauce, served with seasonal vegetables, creamed & roasted potatoes. **C**

Contains: [3] [11]

10oz SIRLOIN STEAK + €7 SUPPLEMENT

Cooked to your liking garnished with homemade breaded onion rings & served with home cut skinny chips & pepper sauce.

Contains: [3] [4] [8] [9]

CHICKEN SUPREME

Panfried chicken supreme served with seasonal vegetables, creamed & roasted potatoes, with a mushroom & cider sauce. **C**

Contains: [3]

BAKED PIE OF THE DAY

Topped with creamed potato, served with seasonal vegetables & roasted potatoes. **C**

Contains: [3] [4] See server for additional allergens

CHESTNUT MUSHROOM & BABY SPINACH RISOTTO

Sauté Mushrooms, sundried tomatoes, wilted baby spinach & fresh basil in a roast garlic & white wine cream sauce, topped with parmesan cheese. **C (V optional)**

Contains: [3] [9]

PERI PERI CHICKEN FILLET BURGER

Pan fried peri peri chicken breast with crisp baby gem lettuce; sliced tomatoes & red onions topped with garlic mayo, served on a toasted brioche bap, with home cut skinny chips.

Contains: [3] [4] [8] [9]

BAKED FILLET OF SALMON

With a lemon & white wine cream sauce, served with seasonal vegetables, creamed & roasted potatoes. **C**

Contains: [3] [5] [6] [7] [11]

SMOKED OAKWOOD CHEDDAR BEEF BURGER

With Brú relish, homemade breaded onion rings & baby gem, served on a toasted brioche bap, with home cut skinny chips.

Contains: [3] [4] [8] [9]

Dessert

€6.95 each

BRÚ STRAWBERRY & LIME CHEESECAKE

A luxurious strawberry & lime cream cheese filling, on a biscuit base garnished with fresh Irish strawberries, candied lime zest & fresh cream.

Contains: [3] [9]

LEMON MERINGUE ROULADE

Soft meringue filled with a bitter sweet lemon curd cream, garnished with raspberry compote. **C**

Contains: [3] [4]

CHOCOLATE BROWNIE

Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. **C**

Contains: [3] [4]

HOMEMADE CARROT CAKE

Garnished with Chantilly cream, vanilla ice cream & candied walnuts.

Contains: [2] [3] [4] [9]

WARM STICKY TOFFEE PUDDING

Soaked with Jamaican Rum, served with vanilla ice-cream & toffee sauce, topped with toasted almonds.

Contains: [2] [3] [4] [9]

CHOCOLATE SUNDAE

With vanilla & chocolate ice-cream, brownie chunks, fresh cream & chocolate sauce. **C**

Contains: [3] [4]

TOFFEE SUNDAE

With vanilla & honeycomb ice-cream, toffee sponge chunks, cream & toffee sauce.

Contains: [3] [9]

WARM APPLE PIE

Sugar coated apples in sweet pastry, served with crème anglaise & vanilla ice-cream.

Contains: [3] [4] [9]

SELECTION OF ICE-CREAM

Served in a tuille basket (optional). See server for details.

Contains: [3] [4] [9]

Sides

€3.50 each

- CREAMED POTATOES Contains: [3]
- HOME CUT SKINNY CHIPS
- SWEET POTATO FRIES Contains: [11]
- BABY BOILED POTATOES Contains: [3]
- SPICY WEDGES Contains: [9] [11] [14]
- BREADED ONION RINGS Contains: [3] [4] [9]
- SEASONAL VEGETABLES Contains: [3]
- BASMATI RICE
- MIXED LEAF SALAD Contains: [12]

Tea / Coffee

- IRISH / BAILEYS COFFEE €6.95
- CAPPUCCINO €3.10
- AMERICANO €2.80
- ESPRESSO €2.20
- DOUBLE ESPRESSO €2.60
- HOT CHOCOLATE WITH CREAM & MARSHMALLOWS €3.10
- LATTÉ €2.90
- MOCHA €3.10
- TEA / HERBAL TEAS €2.20

Please be aware we cannot split bills on groups of 8 or more.

Service charge no longer applies, all tips go directly to staff & we appreciate your generosity

All of our beef is of Irish origin. All of our beef & chicken is locally sourced from Tony Kierans, Tom Lynch & Gahan Meats

Log on to www.bru.ie for special offers & to share your brú experience

ALLERGY INFORMATION *ASK YOUR SERVER FOR ANY DIETARY REQUIREMENTS

- | | | | |
|------------------|-----------------|-------------------------------|----------------------------------|
| [1] PEANUTS | [5] FISH | [9] CEREALS CONTAINING GLUTEN | [13] LUPIN |
| [2] NUTS | [6] CRUSTACEANS | [10] SEASAME SEEDS | [14] SULPHUR DIOXIDE / SULPHITES |
| [3] MILK (DAIRY) | [7] MOLLUSCS | [11] CELERY / CELERIAC | |
| [4] EGGS | [8] SOYA | [12] MUSTARD | |

