

26
7

BRÚ €26/7 3 COURSE MENU

Our Brú 26 /7 menu gives our customers the option of creating their own 3 course menu of starter + main course + dessert or glass of wine or specialty coffee or martini cocktail, wherever they see the  symbol.

brú

BAR | BISTRO

Starter

BRÚ SIGNATURE CHICKEN WINGS €6.95

Spicy chicken wings marinated in a secret recipe sauce, with ranch mayo & celery sticks.

(LARGE to share available)

Contains: [3] [4] [11]

HOMEMADE WINTER VEGETABLE SOUP €4.95

With fresh homemade baked bread.

* Please ask your server for gluten free bread.  

Contains: [3] [9] [11]

SOFT IRISH GOATS CHEESE SALAD €6.25

Soft Irish Goats Cheese, served with diced tomatoes & beetroot chutney, topped with mixed seeds & raspberry purée.  

Contains: [3] [4] [11] [12]

BREADED GARLIC MUSHROOMS €5.95

Deep fried mushrooms in golden breadcrumbs, tossed in a rich garlic butter accompanied with garlic mayo & salad leaves. 

Contains: [3] [4] [9] [12]

CLASSIC CAESAR SALAD €6.25

With crisp baby gem lettuce, smoked bacon, parmesan & roast garlic croutons in a classic caesar dressing.

Contains: [3] [4] [5] [9]

DUCK SPRING ROLL €7.50

With a cucumber & red pepper salsa, dressed leaves, hoi sin dipping sauce

Contains: [3] [4] [8] [9] [12]

CRISPY FRIED CALAMARI €7.50

Served with red pepper aioli dipping sauce, accompanied with cumin & coriander dressed salad leaves.

Contains: [3] [4] [5] [6] [9] [12]

 COELIAC FRIENDLY  VEGETARIAN FRIENDLY

ALLERGY INFORMATION (ASK YOUR SERVER FOR ANY DIETARY REQUIREMENTS)

[1] PEANUTS [8] SOYA
[2] NUTS [9] CEREALS CONTAINING GLUTEN
[3] MILK (DAIRY) [10] SESAME SEEDS
[4] EGGS [11] CELERY / CELERIAC
[5] FISH [12] MUSTARD
[6] CRUSTACEANS [13] LUPIN
[7] MOLLUSCS [14] SULPHUR DIOXIDE / SULPHITES

MAIN COURSE

BRÚ RUA FISH & CHIPS €14.95

Deep fried cod in a crispy Brú Rua beer batter, with home cut skinny chips, tartar sauce & side salad.

Contains: [3] [4] [5] [9] [12] [14]

ROAST CHICKEN SUPREME €15.95

Served with creamed potatoes, florets of broccoli, pearl onions, topped with whipped tarragon cream & rich chasseur sauce.

Contains: [3] [8] [9]

CHESTNUT MUSHROOM & BABY SPINACH RISOTTO €12.95

Sauté Mushrooms, sundried tomatoes, wilted baby spinach & fresh basil in a roast garlic & white wine cream sauce, topped with parmesan cheese ( optional) 

(Breast of chicken add €2.50)

Contains: [3] [11]

BAKED SALMON €16.95

Served with creamed potatoes, mint pea purée & drizzled with a tarragon & chardonnay cream sauce, garnished with florets of cauliflower mornay. 

Contains: [3] [5] [6] [11] [14]

THAI GREEN CHICKEN CURRY €14.95

With a creamy coconut sauce infused with lemongrass, fresh chilli & hints of lime, garden peas & sugarsnaps, served with basmati rice & poppadum. (Rice & Chips add €2)

Contains: [5] [6] [9] [11]

CHICKEN ENCHILADA €15.95

Tender strips of chicken with sauté onions & peppers in a mildly spiced smoked tomato sauce served in a toasted tortilla wrap, smothered in a rich cheddar cheese sauce served with sweet potato fries & side salad.

Contains: [3] [9] [11] [12]

SMOKED OAKWOOD CHEDDAR BEEF BURGER €13.95

With brú relish, homemade breaded onion rings & baby gem lettuce, served on a toasted brioche bap with home cut skinny chips.

Contains: [3] [4] [8] [9] [12]

10oz PRIME SIRLOIN STEAK €23.95

Cooked to your liking, granished with homemade breaded onion rings & served with your choice of sauce & side.    SUPPLEMENT

Contains: [3] [4] [9]

HOMEMADE BEEF LASAGNE €14.95

Layers of mince beef in a tomato & basil sauce topped with crisp cheddar cheese topping with home cut skinny chips, side salad & coleslaw.

Contains: [3] [4] [9] [12]

Sides

€3.50 EACH

- CREAMED POTATOES [3]
- BREADED ONION RINGS [3] [4] [9]
- HOME CUT SKINNY CHIPS
- SEASONAL VEGETABLES [3]
- BABY BOILED POTATOES [3]
- BASMATI RICE
- SPICY WEDGES [9] [11] [14]
- MIXED LEAF SALAD [12]
- SWEET POTATO FRIES [9]

Dessert

€5.95 EACH

BRÚ HONEYCOMB CHEESECAKE

A Luxurious Honeycomb cream cheese filling, on a biscuit base, garnished with melted dark chocolate & orange purée.

Contains: [3] [9]

LEMON MERINGUE ROULADE

Soft meringue filled with a bitter sweet lemon curd cream, garnished with raspberry compote. 

Contains: [3] [4]

HOMEMADE CARROT CAKE

Garnished with Chantilly cream, vanilla ice cream & candied walnuts.

Contains: [2] [3] [4] [9]

CHOCOLATE PROFITEROLES

Luxurious profiteroles smothered in a rich milk chocolate sauce.

Contains: [2] [3] [4] [9]

CHOCOLATE SUNDAE

With vanilla & chocolate ice-cream, brownie chunks, cream & chocolate sauce. 

Contains: [3] [4]

CHOCOLATE BROWNIE

Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. 

Contains: [3] [4]

WARM APPLE PIE

Sugar coated apples in sweet pastry served with crème anglaise & vanilla ice-cream.

Contains: [3] [4] [9]

SELECTION OF ICE-CREAM

Served in a tulle basket. Please see server for details. ( without basket)

Contains: [3] [4] [9]

WARM STICKY TOFFEE PUDDING

Soaked with Jamaican Rum, served with vanilla ice-cream & toffee sauce, topped with toasted almonds.

Contains: [2] [3] [4] [9]

Specialty Coffee

- IRISH COFFEE
- BAILEYS COFFEE
- CALYPSO COFFEE
- FRENCH COFFEE
- AMARETTO COFFEE