



LUNCH MENU

t: 0419872784 e: info@bru.ie w: www.bru.ie



SANDWICHES, PANINIS & WRAPS

OPEN CHICKEN SANDWICH

Rocket, coleslaw, chicken breast & Ballymaloe relish served on homemade brown soda bread.

€7.45

Contains: [4] [9] [10]

CHICKEN CAESAR WRAP

Served with crisp baby gem lettuce, bacon parmesan cheese & classic caesar dressing.

€7.25

Contains: [3] [4] [5] [9]

SOUP & SANDWICH COMBO

Mini bowl of the soup of the day served with one of our sandwiches, *some exclusions apply

€8.45

Contains: [See server for allergens]

BLT

Served with crispy bacon, tomatoes, iceberg lettuce & mayonnaise served on toasted McCloskeys bread.

€6.95

Contains: [4] [9] [10]

HAM & CHEDDAR CHEESE PANINI

With sliced ham, cheddar cheese & diced red onion in a toasted fresh panini.

€6.45

Contains: [3] [4] [9]

6OZ SIRLOIN STEAK SANDWICH

6oz Sirloin steak, cooked to your liking, served on a crispy ciabatta bread with dijon mayonnaise, rocket & red onion marmalade, with skinny chips.

€15.95

Contains: [3] [4] [9] [12]

STARTERS



BRÚ SPICY WINGS

Spicy chicken wings marinated in a secret recipe sauce, with garlic mayo & celery sticks.

€7.95 (LARGE to share €13.95)

Contains: [3] [4] [11]

SOFT IRISH GOATS CHEESE SALAD

With mixed leaves, diced tomatoes, onions beetroot chutney, topped with candied walnuts & raspberry purée.  

€7.45 (LARGE OPTION €10.95)

Contains: [3] [4] [11] [12]


CAESAR SALAD

With crisp baby gem lettuce, smoked bacon, parmesan & roast garlic croutons in a classic caesar dressing.

€7.25

Contains: [5] [6] [8] [12]

DEEP FRIED TIPPERARY BRIE

With cranberry sauce garnished with crisp salad leaves tossed in a honey & mustard vinaigrette. 

€6.50

Contains: [3] [4] [9] [12]

PERI PERI PRAWNS

Sauté prawns in peri peri seasoning with crisp salad leaves, spring onions & coriander served with ciabatta garlic bread.

€9.95 (LARGE to share €15.95)

Contains: [5] [6] [9] [11] [12]

HOMEMADE SOUP OF THE DAY

With fresh homemade baked bread.

* Please ask your server for gluten free bread.

€5.50  

Contains: [See server for allergens]

GARLIC MUSHROOMS

Deep fried mushrooms in golden breadcrumbs, tossed in a rich garlic butter accompanied with garlic mayo & salad leaves.

€6.50 

Contains: [3] [4] [9] [12]

JACK DANIELS BBQ WINGS



Crispy chicken wings marinated in a Jack Daniels BBQ sauce, with garlic mayo & celery sticks.

€7.95 (LARGE to share €13.95)

Contains: [3] [11]

BRÚ-LESS (Slimming World Inspired Menu)

BRÚ-LESS HOMEMADE TOMATO & ROASTED RED PEPPER SOUP

Served with Be Good Wholemeal bread.  

€5.50  brú-less or heb

Contains: [3] [9] [11]

BRÚ-LESS CAJUN SALMON

Served with stir fry vegetables & noodles, in a soy & sweet chilli dressing.

€12.95  brú-less

Contains: [3] [4] [5] [8] [9]

BRÚ-LESS CHICKEN PENNE ARRIBIATA

Penne pasta in a lightly spiced tomato & basil sauce

€12.95  brú-less

Contains: [3] [4] [9] [11] [12]

BRÚ-LESS BLT

With grilled bacon, tomatoes, iceberg lettuce & light mayo served on Be Good bread.

€5.95  brú-less or heb

Contains: [3] [4] [9]

BRÚ-LESS CHICKEN CURRY

With sugarsnap, garden peas & mixed peppers in a tomato sauce.

€12.95  brú-less

Contains: [9] [11]

MAIN COURSE

BRÚ RUA FISH & CHIPS

Deep fried cod in a crispy Brú Rua beer batter, with skinny chips, tartar sauce & mushy peas.

€13.95

Contains: [3] [4] [5] [9] [12] [14]

6OZ BEEF BURGER

With emmental cheese, Ballymaloe relish, frizzled onions & baby gem lettuce, served on a toasted brioche bap with skinny chips.

€12.95

Contains: [3] [4] [8] [9] [12]

CAJUN CHICKEN CAESAR SALAD

With crisp baby gem lettuce, smoked bacon, parmesan shavings & roast garlic croutons in a classic caesar dressing.

€12.95

Contains: [3] [4] [5] [9]

10OZ PRIME SIRLOIN STEAK

Cooked to your liking, granished with homemade breaded onion rings & served with your choice of sauce & side.

€19.95

Contains: [3] [4] [8] [9]

HOMEMADE BEEF LASAGNE

Layers of mince beef in a tomato & basil sauce topped with crisp cheddar cheese, served with skinny chips, side salad & coleslaw.

€12.95

Contains: [3] [4] [9] [11] [12]


CHEF'S DISH OF THE DAY

Ask your server for details

€9.95

Contains: See server for additional allergens

TRADITIONAL BACON & CABBAGE

With creamed potatoes & parsley sauce. 

€10.95

Contains: [3] [11]


THAI GREEN CHICKEN CURRY

With a creamy coconut sauce infused with lemongrass, fresh chilli, garden peas, sugarsnaps & hints of lime, served with basmati rice & poppadom. (rice & chips add €2)

€12.95

Contains: [5] [6] [11] [9] with poppadum

HONEY & MUSTARD SALMON

Baked salmon, topped with Boyne Valley honey & wholegrain mustard, served with basmati rice & stir fry vegetables. 

€12.95

Contains: [3] [5] [6] [8] [11] [12]


PERI PERI CHICKEN FILLET BURGER

Pan fried peri peri chicken breast with crisp baby gem lettuce; sliced tomatoes & red onions topped with garlic mayo, served on a toasted brioche bap, with skinny chips.

€12.95

Contains: [3] [4] [8] [9]

PENNE ARRIBIATA

With sauté mixed peppers, courgettes & onions, in a lightly spiced tomato & basil cream sauce, topped with parmesan cheese & served with a garlic bread.  optional (add breast of chicken €3.00)

€10.95

Contains: [3] [4] [9] [11] [12]


SLOW BRAISED LAMB SHANK


On a bed of creamed potatoes with roasted root vegetables, in a rich rosemary jus.

€13.95

Contains: [3] [8]

CHESTNUT MUSHROOM & BABY SPINACH RISOTTO

Sauté Mushrooms, sundried tomatoes, wilted baby spinach & fresh basil in a roast tomato sauce, topped with parmesan cheese. 

(Add breast of chicken €3.00)  optional

€11.95

Contains: [3] [11]


HOMEMADE DESSERTS - €4.95 EACH

BRÚ CHEESECAKE OF THE DAY

A luxurious cream cheese filling of the day, on a biscuit base - ask your server for details

Contains: [See server for allergens]

CHOCOLATE BROWNIE

Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. 

Contains: [3] [4]

BRÚ-LESS CHOCOLATE MOUSSE

A luxurious chocolate mousse topped with fromage frais.   brú-less


Contains: [3] [4]

TOFFEE SUNDAE

With vanilla & honeycomb ice-cream, crumbed biscuit, toffee sauce, topped with fresh cream & biscoff biscuit.

Contains: [3] [4] [9]

RASPBERRY & WHITE CHOCOLATE MERINGUE ROULADE

Soft meringue filled with a raspberry & white chocolate filling, garnished with raspberry purée. 

Contains: [3] [4]

WARM APPLE PIE

Sugar coated apples in sweet pastry served with crème anglaise & vanilla ice-cream.

Contains: [3] [4] [9]

SIDE ORDERS - €3.50 EACH

CREAMED POTATOES

Contains: [3]

SKINNY CHIPS

SWEET POTATO FRIES

Contains: [11]

BABY BOILED POTATOES

Contains: [3]

BREADED ONION RINGS

Contains: [3] [4] [9]

SEASONAL VEGETABLES

Contains: [3]

BASMATI RICE

MIXED LEAF SALAD

Contains: [12]

SPICY WEDGES

Contains: [9]

TEAS & COFFEES

CAPPUCCINO €3.10

AMERICANO €2.80

FLAT WHITE €2.90

ESPRESSO €2.20

DOUBLE ESPRESSO €2.60

HOT CHOCOLATE WITH CREAM & MARSHMALLOWS €3.10

LATTÉ €2.90

MOCHA €3.10

TEA / HERBAL TEAS €2.20

IRISH / BAILEYS COFFEE €6.95

P WE OFFER 2 HOURS PARKING FREE IN THE HAYMARKET CARPARK WHEN YOU EAT WITH US. *ASK A MEMBER OF STAFF FOR DETAILS.

BRÚ IS A WI-FI ENABLED ZONE. *ASK A MEMBER OF STAFF FOR THE CODE

ALLERGY INFORMATION *(ASK YOUR SERVER FOR ANY DIETARY REQUIREMENTS)

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|------------------|-----------------|-------------------------------|----------------------------------|
| [1] PEANUTS | [5] FISH | [9] CEREALS CONTAINING GLUTEN | [13] LUPIN |
| [2] NUTS | [6] CRUSTACEANS | [10] SESAME SEEDS | [14] SULPHUR DIOXIDE / SULPHITES |
| [3] MILK (DAIRY) | [7] MOLLUSCS | [11] CELERY / CELERIAC | |
| [4] EGGS | [8] SOYA | [12] MUSTARD | |

 *COELIAC FRIENDLY

 *VEGETARIAN FRIENDLY

 *GLUTEN FREE BREAD AVAILABLE

Please be aware we cannot split bills on groups of 8 or more.

All of our beef is of Irish origin. All of our Chicken, Pork & Beef are locally sourced from Tony Kierans, Tom Lynch & Gahan Meats.