

EARLY BIRD

2 courses €18 3 courses €22

Valid Mon-Fri 5pm-7.3opm*



Starter

HOMEMADE SOUP OF THE DAY

with fresh homemade baked bread. €5.50 (Please ask your server for gluten free bread). Contains: [3][9][11] (C)

BRÚ SIGNATURE SPICY *OR*SMOKY JACK DANIELS BBQ CHICKEN WINGS

Crispy chicken wings marinated in a choice of *one* of our secret recipe sauces, served with garlic mayo & celery sticks. **€7.95** (LARGE to share available **€13.95**) Contains: [3][4][9][11]

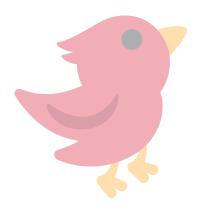
BREADED GARLIC MUSHROOMS

Deep fried mushrooms in golden breadcrumbs, tossed in a rich garlic butter accompanied with garlic mayo & salad leaves. €6.50 Contains: [3][4][9][12] (V)

CLASSIC CAESAR SALAD

with crisp baby gem lettuce, bacon, parmesan & roast garlic croutons in a classic caesar dressing. €7.25 (Add breast of chicken €2.50)

Contains: [3][4][5][9]



Homemade Dessert

€6.50 each

CHEESECAKE OF THE DAY

A luxurious cream cheese filling of the day, on a crunchy biscuit base - ask your server for details. Contains:[ask server]

CHOCOLATE BROWNIE

Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. Contains: [3][4] (C)

WARM APPLE PIE

Sugar coated apples in sweet pastry served with créme anglaise & vanillaice-cream. Contains: [3][4][9]

SELECTION OF ICE-CREAM

Served in a tuille basket. Please see server for details. ((C) without basket) Contains: [3][4][9]

(C) Coeliac friendly (gluten free)

(V) Vegetarian friendly

Our menu Explained...

Our Early Bird menu lets you create your own two or three course meal, by giving you the option to swap out your starter or dessert for a glass of house wine, a house beer, martini cocktail or liqueur coffee.

Main Course

BRÚ RUA FISH & CHIPS

Deep fried cod in a crispy Brú Rua beer batter served with chunky chips, tartar sauce & homemade mushy peas. €15.95

Contains: [3][4][5][9][12][14]

BRÚ BEEF BURGER

with emmental cheese, Ballymaloe relish, frizzled onions & baby gem lettuce, all on a toasted brioche bap, served with skinny chips. €14.95 Contains:[3][4][8][9][10][12]

SOUTHERN FRIED CHICKEN BURGER

Chicken fillet with a southern spiced coating, served on a toasted brioche bap with a smoky BBQ sauce, crisp baby gem lettuce, tomato & red onion, served with skinny chips and coleslaw garnish. €14.95 Contains: [3][4][8][9][10]

HOMEMADE BEEF LASAGNE

Layers of mince beef in a tomato & basil sauce topped with crisp cheddar cheese and served with garlic bread, chunky chips & coleslaw. €14.95 Contains: [3][4][9][12]

100Z PRIME SIRLOIN STEAK

cooked to your liking, garnished with homemade frizzled onions & served with your choice of sauce & side. €23.95

early bird + €7 Supplement Contains: [3][4][9][11]

HOMEMADE FRITTATA

with broccoli, spinach, mixed peppers and white cheddar, served with sweet potato fries and crisp side salad. €13.95

Contains: [3][4][9 (C) (V)

FIND US ON...



Allergen Information

| 11 PEANUTS | 8| SOYA | |
|2] NUTS | 9| CEREALS / GLUTEN | |
|3] DARRY | 10| SEEMAS SEEEDS | |
|4| EGGS | 11| CELERRY (CELERIAC | |
|5| FISH | 12| MUSTARD | |
|6| CRUSTACEANS | 13| LUPIN | |
|7| MOLLUSCS | 14| SULPHATES |