

# EARLY BIRD

2 courses €18

3 courses €22

Valid Mon-Fri 5pm-7.30pm\*

## Starter

### HOMEMADE SOUP OF THE DAY

with fresh homemade baked bread. €5.50 (Please ask your server for gluten free bread). Contains: [3][9][11] (C)

### BRÚ SIGNATURE SPICY OR SMOKY JACK DANIELS BBQ CHICKEN WINGS

Crispy chicken wings marinated in a choice of one of our secret recipe sauces, served with garlic mayo & celery sticks. €7.95 (LARGE to share available €13.95) Contains: [3][4][9][11]

### BREADED GARLIC MUSHROOMS

Deep fried mushrooms in golden breadcrumbs, tossed in a rich garlic butter accompanied with garlic mayo & salad leaves. €6.50 Contains: [3][4][9][12] (V)

### CLASSIC CAESAR SALAD

with crisp baby gem lettuce, bacon, parmesan & roast garlic croutons in a classic caesar dressing. €7.25 (Add breast of chicken €2.50) Contains: [3][4][5][9]



## Homemade Dessert

€6.50 each

### CHEESECAKE OF THE DAY

A luxurious cream cheese filling of the day, on a crunchy biscuit base - ask your server for details. Contains: [ask server]

### CHOCOLATE BROWNIE

Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. Contains: [3][4] (C)

### WARM APPLE PIE

Sugar coated apples in sweet pastry served with crème anglaise & vanilla ice-cream. Contains: [3][4][9]

### SELECTION OF ICE-CREAM

Served in a tulle basket. Please see server for details. ((C) without basket) Contains: [3][4][9]

## Our menu

## Explained...

Our Early Bird menu lets you create your own two or three course meal, by giving you the option to swap out your starter or dessert for a glass of house wine, a house beer, martini cocktail or liqueur coffee.

## Main Course

### BRÚ RUA FISH & CHIPS

Deep fried cod in a crispy Brú Rua beer batter served with chunky chips, tartar sauce & homemade mushy peas. €15.95 Contains: [3][4][5][9][12][14]

### BRÚ BEEF BURGER

with emmental cheese, Ballymaloe relish, frizzled onions & baby gem lettuce, all on a toasted brioche bap, served with skinny chips. €14.95 Contains: [3][4][8][9][10][12]

### SOUTHERN FRIED CHICKEN BURGER

Chicken fillet with a southern spiced coating, served on a toasted brioche bap with a smoky BBQ sauce, crisp baby gem lettuce, tomato & red onion, served with skinny chips and coleslaw garnish. €14.95 Contains: [3][4][8][9][10]

### HOMEMADE BEEF LASAGNE

Layers of mince beef in a tomato & basil sauce topped with crisp cheddar cheese and served with garlic bread, chunky chips & coleslaw. €14.95 Contains: [3][4][9][12]

### 100Z PRIME SIRLOIN STEAK

cooked to your liking, garnished with homemade frizzled onions & served with your choice of sauce & side. €23.95 early bird + €7 Supplement Contains: [3][4][9][11]

### HOMEMADE FRITTATA

with broccoli, spinach, mixed peppers and white cheddar, served with sweet potato fries and crisp side salad. €13.95 Contains: [3][4][9] (C) (V)

## FIND US ON...



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brubarbistro

(C) Coeliac friendly (gluten free)

(V) Vegetarian friendly

\*Order must be placed before 7.30pm to avail of Early Bird menu.

Please be aware that we cannot split bills on groups of 8 or more.

Our chicken, fish & beef are locally sourced from Gerry Cannon, Tom Lynch & Gahon Meats.

## Allergen Information

[1] PEANUTS	[8] SOYA
[2] NUTS	[9] CEREALS / GLUTEN
[3] DAIRY	[10] SESAME SEEDS
[4] EGGS	[11] CELERY / CELERIAC
[5] FISH	[12] MUSTARD
[6] CRUSTACEANS	[13] LUPIN
[7] MOLLUSCS	[14] SULPHATES