# **OUR PROMOTIONS...**

Did you know we offer:

P 2 hours FREE car parking in the adjacent Haymarket carpark

a FREE lunch main course when you get 7 stamps on your lunch loyalty card (ask a member of staff for details)

## **Starters**

## HOMEMADE SOUP OF THE DAY

with fresh homemade baked bread. €5.50 (Gluten free bread available). Contains: [3][9][11] (C) (V)

> BRÚ SIGNATURE SPICY OR SMOKY JACK DANIELS BBQ CHICKEN WINGS

Crispy chicken wings marinated in a choice of *one* of our secret recipe sauces, served with garlic mayo & celery sticks. **€7.95** (LARGE to share available **€13.95**) Contains: [3][4][9][11]

## BRU SEAFOOD CHOWDER

with fresh salmon, cod, prawns & smoked coley in a rich tomato and cream sauce, served with homemade brown soda bread. (*Gluten free bread available*) €8.50 Contains: [3][5][6][7][8][11]

SOFT IRISH GOATS CHEESE SALAD

Five Mile Town Goats Cheese, with diced tomatoes & beetroot chutney, topped with candied walnuts & raspberry purée. €7.45 Contains: [2][3][4][11][12] (C) (V)

## **BREADED GARLIC MUSHROOMS**

Deep fried mushrooms in golden breadcrumbs, tossed in a rich garlic butter accompanied with garlic mayo & salad leaves. €6.50 Contains: [3][4][9][12] (V)

## PERI PERI PRAWNS

Sauté Atlantic tiger prawns in peri peri seasoning with crisp salad leaves, spring onions & coriander served with ciabatta garlic bread. €9.95 Contains: [5][6][9][11][12]

## CLASSIC CAESAR SALAD

with crisp baby gem lettuce, bacon, parmesan & roast garlic croutons in a classic caesar dressing. **€7.25** (Add breast of chicken €2.50) Contains: [3][4][5][9]

# Sandwiches

## CHICKEN CAESAR WRAP

with grilled chicken breast, crisp baby gem lettuce, bacon, parmesan cheese & classic caesar dressing in a lightly toasted wrap. €7.25 Contains: [3][4][5][9]

## CLASSIC HAM & CHEESE TOASTIE

with Tom Lynch's cooked sliced ham & white cheddar cheese, melted between two slices of toasted McCloskey's poppy-seed white or granary brown bread. €6.95 Contains: [2][4][3][8][9][10][14]

## SOUP & SANDWICH COMBO

Mini bowl of our soup of the day served with one of our above sandwiches €8.45 Contains: [3][9][11] + relevant sandwich

Please be aware that we cannot split bills on groups of 8 or more. Our chicken, fish & beef are locally sourced from Gerry Cannon, Tom Lynch & Gahon Meats.

# bra LUNCH MENU

# Main Course

STEAK SANDWICH

6oz Sirloin steak cooked to your liking and served on a crispy ciabatta bread with red onion marmalade & mixed leaves, served with whiskey peppercorn sauce & skinny chips. €15.95 Contains: [3][4][9][11]

BRÚ RUA FISH & CHIPS Deep fried cod in a crispy Brú Rua beer batter served with chunky chips, tartar sauce & homemade mushy peas. €13.95 Contains: [3][4][5][9][12][14]

SOUTHERN FRIED CHICKEN BURGER Chicken fillet with a southern spiced coating, served on a toasted brioche bap with a smoky BBQ sauce, crisp baby gem lettuce, tomato & red onion, served with skinny chips and coleslaw garnish. €12.95 Contains: [3][4][8][9][10]

BRÚ BEEF BURGER with emmental cheese, Ballymaloe relish, frizzled onions & baby gem lettuce, all on a toasted brioche bap, served with skinny chips. €12.95 Contains: [3][4][8][9][12]

SLOW BRAISED LAMB SHANK on a bed of creamed potatoes, with sauté cabbage & roasted root vegetables in a rich rosemary jus. €13.95 Contains: [3][8][11] (C)

THAI GREEN CHICKEN CURRY with a creamy coconut sauce infused with lemongrass, coriander, fresh chilli & hints of lime, garden peas & sugar snaps, served with basmati rice & poppadom. €12.95 (rice & chips add €2) Contains: [5][6][9][11]

HOMEMADE BEEF LASAGNE Layers of mince beef in a tomato & basil sauce topped with cheddar cheese and served with garlic bread, chunky chips & coleslaw. €12.95 Contains: [3][4][9][12]

HONEY & MUSTARD SALMON Baked salmon, topped with Boyne Valley honey & wholegrain mustard, served with basmati rice & stir fry vegetables. €12.95 Contains: [5][6][8][11][12] (C)

10oz PRIME SIRLOIN STEAK cooked to your liking, garnished with homemade frizzled onions & served with your choice of sauce & side. €19.95 Contains: [3][9][8][11]

> TRADITIONAL BACON & CABBAGE with creamed potatoes & parsley sauce. €10.95 Contains: [3][11] (C)

HOMEMADE FRITTATA with broccoli, spinach, mixed peppers and white cheddar, served with sweet potato fries and crisp side salad. €10.95 Contains: [3][4][9] (C) (V)

# brú-less (Slimming World Inspired)

BRÚ-LESS HOMEMADE TOMATO & ROASTED RED PEPPER SOUP

served with Be Good Wholemeal bread. (Gluten free bread available) €5.50 Contains: [3][9][11] (C) (V) 3 brú-less or He(b)

BRÚ-LESS BLT

with grilled bacon, tomatoes, iceberg lettuce & light mayo served on Be Good bread. €5.95 Contains: [3][4][9] He(b)+ 1 brú-less

BRU-LESS NOODLE STIR FRY served with a choice of Cajun Salmon, Cajun Chicken or Cajun Prawns with stir fry vegetables & noodles in a garlic & ginger dressing. €12.95 Contains: [3][4][5][6][7][8][9] 1 brú-less

> BRÚ-LESS CHICKEN PENNE ARRIBIATA Penne pasta in a lightly spiced tomato & basil sauce €12.95 Contains: [3][4][9][11][12] 2.5 brú-less

BRÚ-LESS CHOCOLATE MOUSSE A luxurious homemade chocolate mousse topped with fromage frais. €4.95 Contains: [3][4] (C) 3 brú-less v <del>~</del>-less

(C) Coeliac friendly (gluten free)

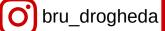
## (V) Vegetarian friendly Sauces €2

Sides €3.50

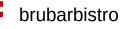
CREAMED POTATOES [3] SKINNY CHIPS [9] CHUNKY CHIPS [9] SWEET POTATO FRIES [9] BABY BOILED POTATOES SEASONAL VEGETABLES BASMATI RICE MIXED LEAF SALAD [12] SPICY WEDGES [9] WHISKEY PEPPERCORN [3][8][11] GARLIC BUTTER [3] MUSHROOM CIDER CREAM [3][11] SPICY WINGS [3][4][11] SMOKY BBQ WINGS [0] GRAVY [3][8][11]

# FIND US ON...









## Homemade Desserts €4.95 each

## CHEESECAKE OF THE DAY

A luxurious cream cheese filling of the day, on a crunchy biscuit base ask your server for details. Contains:[ask server]

## MAPLE & PECAN ROULADE

Soft meringue filled with a roasted pecan, fresh cream & maple syrup filling. Contains: [2][3][4] (C)

## **BLACKBERRY & APPLE CRUMBLE**

Fresh blackberries & crisp apples with a crunchy crumble top, served with creme anglaise and vanilla ice-cream. Contains: [3][4][9]

## CHOCOLATE BROWNIE

Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. Contains: [3][4] (C)

## WARM APPLE PIE

Sugar coated apples in sweet pastry served with créme anglaise & vanilla ice-cream. Contains: [3][4][9]

## CHOCOLATE SUNDAE

with vanilla & chocolate ice-cream, brownie chunks, cream & chocolate sauce. Contains: [3][4] (C)

## SELECTION OF ICE-CREAM

Served in a tuille basket. Please see server for details. ((C) without basket) Contains: [3][4][9]

## TOFFEE SUNDAE

with vanilla & honeycomb ice-cream, crumbed biscuit, toffee sauce, topped with fresh cream & biscoff biscuit. Contains: [3][4][9]

Allergen

Information

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# Teas & Coffees

CAPPUCCINO	€3.10	[1] PEANUTS
AMERICANO	€2.80	[2] NUTS
		[3] DAIRY
FLAT WHITE	<b>€2.90</b>	[4] EGGS
ESPRESSO	€2.20	[5] FISH
	€2.60	[6] CRUSTACE
		[7] MOLLUSCS
HOT CHOCOLATE	<b>€3.10</b>	[8] SOYA
(with cream & marshmallows)	)	[9] CEREALS /
		GLUTEN
LATTÉ	€2.90	[10] SESAME
МОСНА	€3.10	SEEEDS
ТЕА	€2.20	[11] CELERY /
		CELERIAC
HERBAL TEA	€2.50	[12] MUSTARD
IRISH COFFEE	€6.95	[13] LUPIN
BAILEYS COFFEE	€6.95	[14] SULPHATE
DAILETS COFFEE	00.35	