

OUR PROMOTIONS...

Did you know we offer:



2 hours FREE car parking in the adjacent Haymarket carpark



a **FREE lunch main course** when you get 7 stamps on your lunch loyalty card
(ask a member of staff for details)

Starters

HOMEMADE SOUP OF THE DAY

with fresh homemade baked bread. **€5.50** (*Gluten free bread available*).
Contains: [3][9][11] (C) (V)

BRÚ SIGNATURE SPICY OR SMOKY JACK DANIELS BBQ CHICKEN WINGS

Crispy chicken wings marinated in a choice of *one* of our secret recipe sauces, served with garlic mayo & celery sticks. **€7.95**
(LARGE to share available **€13.95**) Contains: [3][4][9][11]

BRU SEAFOOD CHOWDER

with fresh salmon, cod, prawns & smoked coley in a rich tomato and cream sauce, served with homemade brown soda bread. (*Gluten free bread available*) **€8.50** Contains: [3][5][6][7][8][11]

SOFT IRISH GOATS CHEESE SALAD

Five Mile Town Goats Cheese, with diced tomatoes & beetroot chutney, topped with candied walnuts & raspberry purée. **€7.45**
Contains: [2][3][4][11][12] (C) (V)

BREADED GARLIC MUSHROOMS

Deep fried mushrooms in golden breadcrumbs, tossed in a rich garlic butter accompanied with garlic mayo & salad leaves. **€6.50**
Contains: [3][4][9][12] (V)

PERI PERI PRAWNS

Sauté Atlantic tiger prawns in peri peri seasoning with crisp salad leaves, spring onions & coriander served with ciabatta garlic bread. **€9.95**
Contains: [5][6][9][11][12]

CLASSIC CAESAR SALAD

with crisp baby gem lettuce, bacon, parmesan & roast garlic croutons in a classic caesar dressing. **€7.25**
(Add breast of chicken **€2.50**) Contains: [3][4][5][9]

Sandwiches

CHICKEN CAESAR WRAP

with grilled chicken breast, crisp baby gem lettuce, bacon, parmesan cheese & classic caesar dressing in a lightly toasted wrap. **€7.25**
Contains: [3][4][5][9]

CLASSIC HAM & CHEESE TOASTIE

with Tom Lynch's cooked sliced ham & white cheddar cheese, melted between two slices of toasted McCloskey's poppy-seed white or granary brown bread. **€6.95** Contains: [2][4][3][8][9][10][14]

SOUP & SANDWICH COMBO

Mini bowl of our soup of the day served with one of our above sandwiches **€8.45** Contains: [3][9][11] + relevant sandwich

Please be aware that we cannot split bills on groups of 8 or more.

Our chicken, fish & beef are locally sourced from Gerry Cannon, Tom Lynch & Gahon Meats.

brú LUNCH MENU

Main Course

STEAK SANDWICH

6oz Sirloin steak cooked to your liking and served on a crispy ciabatta bread with red onion marmalade & mixed leaves, served with whiskey peppercorn sauce & skinny chips. **€15.95** Contains: [3][4][9][11]

BRÚ RUA FISH & CHIPS

Deep fried cod in a crispy Brú Rua beer batter served with chunky chips, tartar sauce & homemade mushy peas. **€13.95**
Contains: [3][4][5][9][12][14]

SOUTHERN FRIED CHICKEN BURGER

Chicken fillet with a southern spiced coating, served on a toasted brioche bap with a smoky BBQ sauce, crisp baby gem lettuce, tomato & red onion, served with skinny chips and coleslaw garnish. **€12.95** Contains: [3][4][8][9][10]

BRÚ BEEF BURGER

with emmental cheese, Ballymaloe relish, frizzled onions & baby gem lettuce, all on a toasted brioche bap, served with skinny chips. **€12.95**
Contains: [3][4][8][9][12]

SLOW BRAISED LAMB SHANK

on a bed of creamed potatoes, with sauté cabbage & roasted root vegetables in a rich rosemary jus. **€13.95** Contains: [3][8][11] (C)

THAI GREEN CHICKEN CURRY

with a creamy coconut sauce infused with lemongrass, coriander, fresh chilli & hints of lime, garden peas & sugar snaps, served with basmati rice & poppadom. **€12.95** (rice & chips add €2) Contains: [5][6][9][11]

HOMEMADE BEEF LASAGNE

Layers of mince beef in a tomato & basil sauce topped with cheddar cheese and served with garlic bread, chunky chips & coleslaw. **€12.95**
Contains: [3][4][9][12]

HONEY & MUSTARD SALMON

Baked salmon, topped with Boyne Valley honey & wholegrain mustard, served with basmati rice & stir fry vegetables. **€12.95**
Contains: [5][6][8][11][12] (C)

10oz PRIME SIRLOIN STEAK

cooked to your liking, garnished with homemade frizzled onions & served with your choice of sauce & side. **€19.95** Contains: [3][9][8][11]

TRADITIONAL BACON & CABBAGE

with creamed potatoes & parsley sauce. **€10.95** Contains: [3][11] (C)

HOMEMADE FRITTATA

with broccoli, spinach, mixed peppers and white cheddar, served with sweet potato fries and crisp side salad. **€10.95**
Contains: [3][4][9] (C) (V)

brú-less (Slimming World Inspired)

BRÚ-LESS HOMEMADE TOMATO & ROASTED RED PEPPER SOUP

served with Be Good Wholemeal bread. (*Gluten free bread available*) **€5.50** Contains: [3][9][11] (C) (V) 3 brú-less or He(b)

BRÚ-LESS BLT

with grilled bacon, tomatoes, iceberg lettuce & light mayo served on Be Good bread. **€5.95** Contains: [3][4][9] He(b)+ 1 brú-less

BRU-LESS NOODLE STIR FRY

served with a choice of **Cajun Salmon**, **Cajun Chicken** or **Cajun Prawns** with stir fry vegetables & noodles in a garlic & ginger dressing. **€12.95** Contains: [3][4][5][6][7][8][9] 1 brú-less

BRÚ-LESS CHICKEN PENNE ARRIBIATA

Penne pasta in a lightly spiced tomato & basil sauce **€12.95** Contains: [3][4][9][11][12] 2.5 brú-less

BRÚ-LESS CHOCOLATE MOUSSE

A luxurious homemade chocolate mousse topped with fromage frais. **€4.95** Contains: [3][4] (C) 3 brú-less



(C) Coeliac friendly (gluten free)

(V) Vegetarian friendly

Sides €3.50

CREAMED POTATOES [3]
SKINNY CHIPS [9]
CHUNKY CHIPS [9]
SWEET POTATO FRIES [9]
BABY BOILED POTATOES

SEASONAL VEGETABLES
BASMATI RICE
MIXED LEAF SALAD [12]
SPICY WEDGES [9]

Sauces €2

WHISKEY PEPPERCORN [3][8][11]
GARLIC BUTTER [3]
MUSHROOM CIDER CREAM [3][11]
SPICY WINGS [3][4][11]
SMOKY BBQ WINGS [0]
GRAVY [3][8][11]

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brubarbistro

Homemade Desserts

€4.95 each

CHEESECAKE OF THE DAY

A luxurious cream cheese filling of the day, on a crunchy biscuit base - ask your server for details. Contains:[ask server]

MAPLE & PECAN ROULADE

Soft meringue filled with a roasted pecan, fresh cream & maple syrup filling. Contains: [2][3][4] (C)

BLACKBERRY & APPLE CRUMBLE

Fresh blackberries & crisp apples with a crunchy crumble top, served with creme anglaise and vanilla ice-cream.
Contains: [3][4][9]

CHOCOLATE BROWNIE

Warm chocolate brownie served with vanilla ice-cream, topped with a luxurious chocolate sauce. Contains: [3][4] (C)

WARM APPLE PIE

Sugar coated apples in sweet pastry served with crème anglaise & vanilla ice-cream. Contains: [3][4][9]

CHOCOLATE SUNDAE

with vanilla & chocolate ice-cream, brownie chunks, cream & chocolate sauce. Contains: [3][4] (C)

SELECTION OF ICE-CREAM

Served in a tuille basket. Please see server for details.
(C) without basket) Contains: [3][4][9]

TOFFEE SUNDAE

with vanilla & honeycomb ice-cream, crumbed biscuit, toffee sauce, topped with fresh cream & biscoff biscuit.
Contains: [3][4][9]

Teas & Coffees

CAPPUCCINO	€3.10
AMERICANO	€2.80
FLAT WHITE	€2.90
ESPRESSO	€2.20
DBL. ESPRESSO	€2.60
HOT CHOCOLATE	€3.10
<i>(with cream & marshmallows)</i>	
LATTÉ	€2.90
MOCHA	€3.10
TEA	€2.20
HERBAL TEA	€2.50
IRISH COFFEE	€6.95
BAILEYS COFFEE	€6.95

Allergen Information

- [1] PEANUTS
- [2] NUTS
- [3] DAIRY
- [4] EGGS
- [5] FISH
- [6] CRUSTACEANS
- [7] MOLLUSCS
- [8] SOYA
- [9] CEREALS / GLUTEN
- [10] SESAME SEEDS
- [11] CELERY / CELERIAC
- [12] MUSTARD
- [13] LUPIN
- [14] SULPHATES